

Alcohol Abuse Treatment

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A Treatment Center That Produces Results

At [Renaissance Ranch Addiction Treatment Center in Ogden, Utah](#), we can provide you with a personalized outpatient treatment plan to treat alcohol abuse. We have a team of dedicated clinical professionals whose goal is help you obtain the skills and knowledge need to gain control over your drinking habits and eliminate the damaging effects they can have on your life. ***If you need professional help for your alcohol abuse and its underlying causes, don't hesitate to contact us. We are ready to help you any time of the day.***



What is Alcohol Abuse?

Alcohol abuse refers to ***the repeated consumption of alcohol with no regard for any of the consequences it may have.*** It is a behavior that can manifest itself in different ways, such as:

- Drinking to cope with an psychological or emotional issue
- Uncontrollable drinking after a period of abstinence
- Binge drinking

It occurs in ***men and women of all ages and from all economic and social backgrounds.*** In some cases, the prolonged abuse of alcohol can foster a dependency on alcohol.

Symptoms and Effects of Alcohol Abuse

There are a wide range of indicators of alcohol abuse. The kinds of ***symptoms an individual may exhibit will vary*** and will be determined by a number of different factors, including medical history. Some signs of alcohol abuse that indicate you should seek professional help can include:

- Drastic mood and behavioral changes
- Lack of interest in personal relationships or work
- Inability to resist alcohol consumption
- Impaired social skills and interaction

The effect of alcohol abuse is not limited your social or personal lives. It can also have short-term and long-term consequences on your mental and physical health. In certain instances, these effects can be irreversible. It is not uncommon for alcohol abusers to suffer from:

- Impaired memory
- Insomnia
- Nausea
- Chronic fatigue

- Excessive anxiety
- Liver disease
- Diminished cognitive skills

At Renaissance Ranch Ogden, we believe in ***providing our clients with customized and holistic treatment plans***. We believe that producing a change in behavior requires a change in how you think. This is why our staff of therapists and addiction specialists focuses not only treating the symptoms of alcohol abuse, but also concentrates on addressing the fundamental causes of the behavior. Our center is committed to helping all of our clients battle alcohol abuse while making sure they obtain physical, mental and spiritual health. ***Spiritual ideals and practices are integrated into our outpatient treatment plans***, which use a tailored 12-step program and different specialties of therapy to treat all facets of alcohol abuse. We want you receive what you need to achieve long-lasting results and to have the tools required to prevent a relapse in the future. You can depend on our experienced and compassionate staff to help you.

Renaissance Ranch Can Help

The Renaissance Ranch Addiction Treatment Center welcomes anyone who is looking for help to address their alcohol-related issues. With our ***personalized outpatient treatment plans***, we offer a form of care that can be difficult to find at other treatment centers in Utah. Our unique, holistic approach to rehabilitation addresses alcohol abuse as well as the issues that contribute to the behavior. [drug rehabilitation](#) and [prescription drug abuse](#) services. We are here to assist you 24 hours a day. Feel free to [get in touch with us here](#), or call 385-222-3737 24 hours a day, 7 days a week.