

Drug And Alcohol Rehab In West Haven, Utah

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Drug and alcohol abuse can impact not only the individual but the entire family. Addiction does not know boundaries. It is capable of taking hold of anyone, leading that person down an extraordinarily destructive spiral that wreaks havoc on that person's physical health, personal life, and professional aspirations. At Renaissance Ranch Ogden, we are here to help you with all of your drug and alcohol rehabilitation needs in West Haven, Utah.

Schedule FREE Evaluation

Learn more about how Renaissance Ranch Ogden can help you and your loved ones heal following issues with substance abuse.

The Scope of Drug and Alcohol Abuse in West Haven, Utah

A lot of research has been performed in the field of drug and alcohol addiction in the past few years. This has given rise to numerous new treatment options for individuals and families who are struggling with substance abuse. Addiction changes the way neurotransmitters flow throughout the brain, causing the nervous system to feel like it needs addictive substances to survive. In Utah, addiction is a serious problem. Some of the important points to note include:

- Prescription drug deaths in the state of Utah have more than quadrupled during the past two decades
- The rate of fatalities due to prescription drug overdoses in the state of Utah ranks fifth in the country
- During the next five years, the rates of alcoholism and drug abuse are expected to rise by more than 40 percent

Clearly, drug abuse, addiction, and alcoholism are serious issues in the state of Utah. That is why we are here to help.

Drug and Alcohol Rehabilitation Treatment Services in Renaissance Ranch Ogden

At Renaissance Ranch Ogden, we provide a number of treatment services to help individuals and families who are looking to recover from drug abuse and addiction. Some of the services that we provide include:

Intensive Outpatient Drug Addiction Treatment

Our outpatient services are the backbone of what we do. We use a variety of therapies to help people analyze why they walked down the path of addiction and how we can break these habits to foster long-term recovery. We use motivational techniques, cognitive behavioral therapy, and spiritual guidance to help individuals attain long-term sobriety.

Family Therapy

We also feature family therapy programs to help people who are recovering from addiction heal broken relationships with family members and friends. We also strive to address family issues that could have fostered habits that led to addiction in the first place.

Mental Health Counseling

Our staff includes highly qualified counselors to help patients on their mental health journey and to help them identify personality characteristics that may present a hindrance to healing. ***You never have to face these challenges on your own, because Renaissance Ranch Ogden offer either one-on-one counseling or group counseling on a daily or weekly basis.*** The goal of our trained staff is to help addicts develop a recovery program that fits their individual needs and family circumstances. We cannot overstate the benefit of mental health counseling that enables addicts to use healthy behaviors when dealing with life's issues.

Relapse Prevention

Relapse prevention teaches the addict how to manage cravings and the importance of avoiding places and people that can trigger a fall back into addiction. We believe in looking directly at what the recovering addict may experience in cravings for drugs or alcohol, and often the desire to participate in the old lifestyle with the former drug-addicted acquaintances. ***We help you identify stressful situations and help you develop a plan to avoid a relapse.***

The main goal of all of our programs is to foster long-term recovery and sobriety in West Haven Utah.

A Unique Combination of 12-Steps and Spiritual Principles

Our Ogden outpatient drug treatment center uses the traditional 12 Step approach combined with spiritual principles because we believe that the path to a sober life involves spiritual healing. We have learned that being spiritually well restores any individual's hope!

Based on experiences and testimonials from our alumni, this approach has proven to be successful.

Studies have also shown that undergoing maintenance and continued care programs significantly increases the overall success of treatment, and ultimately permanent recovery. So we offer a realistic 12-month program, which guides each patient in their step-by-step recovery, with the end goal to help them transition into a new, clean life full of hope.

I. IOP or Intensive Outpatient Substance Abuse Treatment

- Primary Program – 3 and 4 groups per week.
- 90 days – first three months of sobriety.
- Evening program Monday – Thursday, 6:00 pm -8:00 pm.
- Morning program Monday, Wednesday, and Thursday, 10:00 am – 1:00 pm.
- Individual sessions as needed.

II. GOP or General Outpatient Substance Abuse Treatment

- Secondary Program – 2 groups per week.
- 90 Days – months 4-6 of sobriety
- Evening program Monday – Thursday, 6:00 p.m. – 8:00 pm
- Morning program Monday, Wednesday, and Thursday, 10:00 am – 1:00 pm.
- Individual sessions as needed.

III. Continuing Care Program

- 6 months in length, months 7 – 12 of sobriety

- Clients attend 1 of our morning or evening groups per week.

IV. Individual Counseling

Sessions are done on an as-needed basis.

V. Supplemental Program

- Therapeutic Modalities
- Addiction Treatment-Drugs/Alcohol/RX Drugs
- Spiritual Principles and Spiritual Wellness Topics
- 12 Steps
- Disease Model
- Cognitive-Behavioral
- Family Dynamics
- Life Skills
- Recreational Therapy
- Experiential Therapy
- Motivational Interventions
- Meditation and Relaxation
- Shame Issues
- Trauma and Abuse Survival
- Anxiety and Depression
- Relapse Prevention
- Group Psychotherapy

Choose Renaissance Ranch Ogden for Drug And Alcohol Rehabilitation in Utah

- We are an award-winning drug and alcohol treatment center in Utah
- Customized therapy for everyone
- We focus on the physical, mental, emotional, and spiritual well-being of each patient
- Free addiction treatment services for life
- We Accept Insurance



Contact Drug Rehabilitation Specialists in West Haven, Utah Today!

At Renaissance Ranch Ogden, we are an award-winning drug and alcohol rehabilitation center in Utah. We provide customized therapy to all of our patients. We focus on mental, emotional, physical, and spiritual treatment options for all of our patients. Contact us today at (385) 222-3737 to learn more about how we can help you and your loved ones take the first step on the road to recovery! We are one of the most trusted drug rehabilitation center Utah providers in the region!

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