

Drug And Alcohol Rehabilitation Center in Riverdale, Utah

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The road to recovery from drug and alcohol addiction starts with an admission that you need the help offered by a drug and alcohol rehabilitation center in Utah. Renaissance Ranch Ogden in Riverdale Utah is helping people get their life back on track using a combination of therapies that are proven to break the chains of addiction. Our affordable, drug rehabilitation programs are meant to treat the whole person and to reunite families that have been torn apart by the destructive behaviors that commonly occur with substance abuse.

If You or Someone You Love is Struggling with Drug or Alcohol Addiction in Riverdale Utah Contact Renaissance Ranch Ogden for a Free No-Obligation Clinical Assessment.

[Schedule FREE Evaluation](#)

Renaissance Ranch Ogden Services

Intensive Outpatient Drug Addiction Treatment

Our outpatient drug rehabilitation center Utah features a highly effective program that ***allows individuals to continue their participation in life and enjoying family, friends, work, and recreational activities while learning about the disease of addiction and how to overcome it.*** We use a 12-step approach to addiction recovery, along with other psycho-social programs that include cognitive behavior therapy which helps individuals challenge and change distorted thinking patterns that lead to unhealthy behaviors.

Recovery from drugs and/or alcohol should be a fulfilling journey, which is why Renaissance Ranch Ogden also works with each person on improving emotional, recreational, and motivational challenges. Drug addiction does not occur in a vacuum, and we don't believe the problem can be solved without addressing mood disorders, anxiety, loneliness, and other mental health issues that can feed into addiction.

Family Therapy

At Renaissance Ranch Ogden, we realize that treating the whole person must include family therapy programs with the aim to reunite broken families and help heal the broken emotional bonds. It is likely that both the family members and the person that is entering into a recovery program will need help to cope with the financial and emotional toll that addiction brings, but also in rebuilding trust and communication. ***We can help families identify and address the underlying family issues that may contribute to substance abuse and those issues that may hinder the healing of the family unit.***

Counseling

Our staff includes highly qualified counselors to help patients on their mental health journey and to help them identify personality characteristics that may present a hindrance to healing. You never have to face these challenges on your own, because Renaissance Ranch Ogden offer either one-on-one counseling or group counseling on a daily or weekly basis. ***The goal of our trained staff is to help addicts develop a recovery program that fits their individual needs and family circumstances.*** We cannot overstate the benefit of mental health counseling that enable addicts to use healthy behaviors when dealing with life's issues.

Relapse Prevention

Relapse prevention teaches the addict how to manage cravings and the importance of avoiding places and people that can trigger a fall back into addiction. We believe in looking directly at what the recovering addict may experience in cravings for drugs or alcohol, and often the desire to participate in the old lifestyle with the former drug-addicted acquaintances. ***We help you identify stressful situations and help you develop a plan to avoid a relapse.***

A Unique Combination of 12-Steps and Spiritual Principles

Our Ogden outpatient drug treatment center uses the traditional 12 Step approach combined with spiritual principles because we believe that the path to a sober life involves spiritual healing. We have learned that being spiritually well restores any individual's hope!

Based on experiences and testimonials from our alumni, this approach has proven to be successful.

Studies have also shown that undergoing maintenance and continued care program significantly increases the overall success of treatment, and ultimately permanent recovery. So we offer a realistic 12-month program, which guides each patient in their step-by-step recovery, with the end goal to help them transition into a new, clean life full of hope.

I. IOP or Intensive Outpatient Substance Abuse Treatment

Primary Program – 3 and 4 groups per week.

90 days – first three months of sobriety.

- ***Evening program Monday – Thursday, 6:00 pm -8:00 pm.***
- ***Morning program Monday, Wednesday, and Thursday, 10:00 am – 1:00 pm.***
- ***Individual sessions as needed.***

II. GOP or General Outpatient Substance Abuse Treatment

Secondary Program – 2 groups per week.

90 Days – months 4-6 of sobriety

Evening program Monday – Thursday, 6:00 p.m. – 8:00 pm

- ***Morning program Monday, Wednesday, and Thursday, 10:00 am – 1:00 pm.***
- ***Individual sessions as needed.***

III. Continuing Care Program

- ***6 months in length, months 7 – 12 of sobriety***
- ***Clients attend 1 of our morning or evening groups per week.***

IV. Individual Counseling

Sessions are done on an as-needed basis.

V. Supplemental Program

Therapeutic Modalities

Addiction Treatment-Drugs/Alcohol/RX Drugs

Spiritual Principles and Spiritual Wellness Topics

12 Steps

Disease Model

Cognitive-Behavioral

Family Dynamics

Life Skills

Recreational Therapy

Experiential Therapy

Motivational Interventions

Meditation and Relaxation

Shame Issues

Trauma and Abuse Survival

Anxiety and Depression

Relapse Prevention

Group Psychotherapy

Why Choose Renaissance Ranch Ogden?

- We are an award-winning drug and alcohol treatment center in Utah
- Customized therapy for everyone
- We focus on the physical, mental, emotional, and spiritual well-being of each patient
- Free addiction treatment services for life
- We Accept Insurance



About Renaissance Ranch Ogden

Founded in 2007, Renaissance Ranch Ogden offers free evaluations. Our goal is to use customized therapy to treat both the individuals suffering from the disease of addiction and their families who often share in the struggle with them. We focus on the physical, mental, emotional, and spiritual well-being of each patient.

Affordable treatment that helps families heal and restore hope.

We accept insurance and once you become a member of the Renaissance Ranch Ogden family, we offer addiction treatment services for life.

Free No-Obligation Clinical Assessment