

Drug and Alcohol Rehab in Roy, Utah

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Are You Ready For a Change?



If you have realized you have a drug or alcohol problem you can take heart. You've taken the first step. ***The next step is to find a place where you can get the drug rehab or alcohol rehab you need to change your life.***

The reasons you turned to drugs or alcohol could be for ***emotional escape, physical relief, or spiritual numbing.*** While illegal drugs can play a part, the shocking reality is that the Utah Department of Health reports that between 2012-2014, 24 people died each month in the state from prescription drug overdoses. The dangers of drug and alcohol abuse are all around, and no one is immune. Regardless of the reasons for the addiction, **Renaissance**

Ranch Ogden can help, addressing the *mind, body, and spirit* in their plan for *restoring you, or your loved one, to full health.*

Renaissance Ranch Ogden provides [outpatient drug and alcohol abuse treatment](#) in the Roy, Utah area. The *trained and knowledgeable therapists and specialists* guide you through the steps to recovery and give you the tools you need to *maintain* your new lifestyle.

What to Expect with Drug Rehab or Alcohol Rehab Treatment

Renaissance Ranch is a program for adults who want to regain their *joy and physical, mental, and spiritual health.* In addition, *it's for the families of those struggling, recognizing that the damage from alcohol and drug abuse affects everyone.* When you come to the facility, the team will evaluate your unique circumstances and design a custom [drug rehab](#) or [alcohol rehab](#) plan for you to reclaim a sober life.

Since the approach is based on not only treating the symptoms of addiction but addressing the reasons that led you to your current situation, you should expect to find your behavior changing as your thoughts change. By treating more than the symptoms, by treating the whole person to achieve physical, mental, and spiritual wellness, the results can be permanent and life-affirming. The process uses a modified 12-step program combined with specific therapies and administered by an experienced, caring staff whose goal is to make it possible for you or someone you love to recover a healthy, addiction-free life.

Program Overview

There are four sections to the program:

- **IOP or Intensive Outpatient Substance Abuse Treatment** : Primary Program: length is 90 days. This covers the first three months of sobriety and takes place Monday – Thursdays, from 6:00-8:00 p.m. It includes a one-on-one session weekly.

- **GOP or General Outpatient Substance Abuse Treatment** : Secondary Program: length is 90 days. For months 4-6 of sobriety, this program meets Tuesdays and Thursdays, from 6:00 – 8:00 p.m., and includes a one-on-one session weekly.
- **Continuing Care Relapse Prevention Program**: This section covers 6 months, the months 7 – 12 of sobriety. It meets Tuesdays 6:00 – 8:00 p.m., and includes one-on-one sessions bi-weekly.
- **Individual Counseling** is available on an as-needed basis.

If you're located in Roy, Utah ready to break free from the cycle of addiction and experience life fully again, [contact us today](#). You can reach us anytime, day or night, by calling 385-222-3737 or visiting our website.