

Outpatient Heroin Addiction Treatment in Ogden, Utah

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Heroin is an opioid, an illegal morphine derivative, and an extremely addictive depressant drug. According to the National Institute on Drug Abuse (NIDA), nearly a fourth of people who use heroin become addicted. The number of heroin users in the U.S. has skyrocketed over the past couple of decades. Understanding the signs and symptoms of heroin abuse, why the drug is so addictive, and its extreme health effects can help with recovery from this harmful drug.

We encourage you to contact us anytime you're ready to learn how we can help you make the change to a new life free from the pain of heroin drug addiction.

[Schedule an Assessment](#)

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Heroin use can impact the brain and behavior severely. Although it is a complex addiction, it is treated successfully, and treatment does not need to be voluntary to be effective. [Heroin addiction treatment](#) usually involves various forms of cognitive and behavioral therapy and may include medications that help people maintain balance and focus.

[Why Heroin Addiction Is Hard to Overcome Without Rehab](#)

When heroin enters the body, it rapidly accesses proteins in the brain that operate as opioid receptors of cells and binds to them. The drug densely concentrates in brain regions engaged in generating sensations of pleasure and pain. The drug also binds to opioid receptors at the brainstem that control bodily functions, including blood pressure, breathing, and physical arousal. Heroin presents such an extreme attraction to the user because of its strong effect of producing a sense of well-being and pleasure by stimulating these brain areas that are responsible for feelings of reward.

Health Effects Of Using Heroin

Using heroin over a prolonged period can result in severe health damage. This often includes at least one or more of the following heroin addiction effects, among other serious symptoms and health complications:

- Heart damage
- Damage to arteries and veins
- Impacted breathing
- Infections and abscesses
- Liver disease
- Kidney disease
- Stomach cramps, severe constipation
- Pneumonia and other lung problems
- Reduced number of brain cells
- Impacted brain production of pleasure chemicals
- Sleep issues
- Infectious diseases (HIV, Hepatitis, or others)
- Premature death

Best Heroin Addiction Treatment in Ogden. Utah

A one-size-fits-all approach to substance abuse treatment does not work for everyone in rehab for heroin addiction. Heroin addiction treatment centers throughout the country provide inpatient treatment for people with more severe conditions. These especially benefit patients with dual diagnoses of mental health disorder(s) along with heroin addiction. Many other people are determined to be good candidates for heroin addiction recovery through outpatient treatment.

At Renaissance, each client in outpatient addiction treatment works with medical professionals, addiction counselors, therapists, and other specialists to create a personalized treatment program. Your treatment program is designed to meet your specific individual needs and goals for rehab.

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Intensive Outpatient Treatment (IOT) may be more intensive, with more therapy sessions and other activities during the beginning phase of the program. After the initial treatment period, outpatients transition to a more relaxed treatment routine, with less frequent sessions and fewer weekly hours of attendance. The program becomes more focused on sustaining recovery long-term. Outpatient heroin addiction treatment typically includes:

- **Motivational therapy:** Clients learn to make the most of their treatment and the opportunity to change habits and behaviors.
- **Cognitive-behavioral therapy:** The sessions work on recognizing the situations in their lives when they're most likely to feel the need to resort to using the drug. They learn ways to manage stress and avoid and manage triggering situations.
- **Building life skills:** You learn skills in interpersonal communications, making healthy decisions, managing responsibilities, succeeding in your employment, and more.
- **Family therapy:** We address the possible influences on the client's choices to use the drug. Family therapy is to help the entire family improve general functioning together.
- **Relapse prevention:** Your Renaissance counselor works with you to develop your plan for relapse prevention. Your support system developed at Renaissance continues to provide you with long-term support after you complete your program.

NOTE: Heroin is taken by injection and is sometimes involved in the transmission of HIV, Hepatitis B and C, and other diseases, so the treatment facility should test for these.

Best Outpatient Heroin Addiction Treatment Center in Utah

Over the past 15 years, Renaissance Ranch Ogden has provided comprehensive addiction recovery programs for people struggling with heroin addiction. Our outpatient services for substance abuse disorders, including heroin addiction treatment in Ogden, Utah, have helped many people go on to live meaningful lives in sustained recovery. We provide affordable treatment to help individuals and their families dealing with alcohol or drug addiction restore hope and heal.

If you are experiencing heroin addiction symptoms, we can help you. Just call the number below. We're here to take your call anytime, 24/7.

If you have noticed heroin addiction signs in a loved one, contact Renaissance Ranch Ogden at 385-222-3737 for a free assessment with our friendly team, and start your new life today!
