## Outpatient Opiate Addiction Treatment in Ogden, Utah

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# We Can Help You End Opiate Addiction at Renaissance Ranch in Ogden, Utah

Opioids are a group of natural or synthetic drugs that are usually derived from the poppy plant or chemically manufactured in medical laboratories. Statistics show that **over 2.5 million Americans suffer from opioid addiction** most of which occur as a result of a medical prescription. The most commonly abused illicit opioid is heroin. Let us look at what is an opiate addiction and how our <u>qualified and compassionate staff</u> can help you recover from it.

If You or Your Loved One Is Struggling with Opiate Addiction and is Considering Treatment, Please Contact Renaissance Ranch at 385-222-3737 for a Free Consultation

### What Is Opiate Addiction?

Most people who are struggling with chronic pain use opiates as pain relievers. *Most of these individuals obtain a valid prescription for opioid painkillers, but at certain times, the over-reliance on the painkillers lead to a more significant problem-opiate addiction*. Most abusers tend to become addicted to the pleasurable sensations that high doses of opiate painkillers tend to cause. Some of the addicts crash the tablets and dilute them with water for IV injection. It is challenging to live a healthy life once you become addicted to opiates and the addiction can soon end up destroying your family, finances, and career. *If you are struggling with opiate addiction, then the best thing to do is to enroll for opiate addiction treatment in Ogden Utah*. The earlier that you realize you need urgent help, the better.

### What Are The Common Signs of Opiate Addiction?

When individuals are addicted or abuse opiates, they will always prioritize obtaining the drug above all the other things. Some of the leading causes of opiate addiction include genetic factors, coping factors, the pleasure experienced in the brain and indirect genetic factors. Some of the common opiate addiction symptoms include:

- Physical agitation
- Decreased appetite
- Increased sexual arousal
- Using opioids at a greater amount than prescribed
- Unsuccessful attempts to adhere to your prescription
- Depression
- Irritability
- Euphoria
- Spending significant amounts of time obtaining and using the opiates even when it isn't necessary
- Increased general anxiety

If you also notice that you or your loved one has started **stealing or buying the medications from someone** else or **visiting different doctors complaining about chronic pain to obtain the drugs**, then it's important to <u>seek urgent treatment</u>. Keep in mind that it may not be easy to recognize opiate addiction.

## 90-Day Outpatient Treatment Program for Opiate Addiction in Utah

No one general approach is used on all opiate addiction patients. At Renaissance Ranch, provide a 90-day outpatient program and understand that each case is different and every patient has his/her unique needs. Our specialists will assess your condition and come up with personalized treatment for opiate addiction method that will meet your specific needs. We shall also conduct a psychiatric evaluation to determine whether you have any co-occurring disorders and also get an overall picture of your emotional health. Our Ogden recovery center uses the 12-steps and faith-based principles because we believe focussing on the mind, body, and spirit assists in long-term sobriety success. The various opiate addiction treatment options and holistic approach we use include:

- Cognitive Behavioral Therapy
- Motivational Enhancement Therapy
- Psycho-Educational Therapy
- Recreational Therapy
- Group Psychotherapy

### Individual and Group Therapy:

This is one of the most essential and effective opiate addiction recovery tools. We provide both one-on-one therapy and personalized therapy in small groups. will depend upon your specific needs. All therapy sessions are done with experienced, compassionate, and highly trained therapists.

#### Family Program:

The primary objective of the <u>family therapy</u> is to **help uncover the real trigger of the addiction and mend broken family relations**. It offers the family members a perfect opportunity to freely express their pain of seeing their loved one drown in opiate addiction and how it has had a negative impact on their lives.

#### Aftercare:

Before the rehabilitation ends, our specialists will work with you to create an efficient aftercare plan that will help you avoid relapse. This may include continued regular sessions with the counselor, scheduling doctor appointments, and frequent drug testing with your primary care physician.

## Overcome Opiate Addiction at Renaissance Ranch in Ogden, Utah

Are you or your loved one struggling with opiate addiction in the Ogden, Utah area?

Renaissance Ranch is an opiate addiction treatment center in Ogden Utah. Our staff has years of experience and are very compassionate about helping those struggling with addiction. Our trained counselors come up with a personalized treatment plan specific to your needs for long-lasting sobriety. We work with insurance and offer free assessments. Contact us today and let us help you gain freedom from opiate addiction.