

Rehab for Men in Ogden, Utah

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Looking for a Men's Rehab Program?

What's the difference between a unisex treatment program and a men's addiction treatment center for men? **Research shows that addiction functions differently between the sexes.** A program that tightly focuses on substance abuse treatment for men can offer better support for the specific needs and challenges that men face.

There are many different men's drug rehab facilities in Utah to choose from. But you'll want to make sure that you get the one that's right for you. Some people may do well with outpatient rehab programs, while others prefer more spiritual-centered solutions. At **Renaissance Ranch in Ogden, Utah**, we offer treatment for a ***wide range of problems including:***

- Cognitive Behavioral Issues
- Trauma
- Abuse Survival
- Anxiety And Depression
- Relapse

Read on to find out how Renaissance Ranch in Ogden, Utah can help you by taking a look at our recovery programs for men below:

Intensive Outpatient Substance Abuse Treatment Program (IOP)

Our IOP is our primary men's rehab program. We hold **three to four groups per week** and the program covers your first three months of sobriety. Over those **90 days**, you can also get **individual sessions as needed**. The schedule for our men's drug rehab and men's alcohol rehab includes both morning and evening programs.

Our **morning** programs run **Monday, Wednesday, and Thursday** from 10 AM to 1 PM.

Our **evening** programs run from **Monday** through **Thursday** from 6 PM to 8 PM.

General Outpatient Substance Abuse Treatment Program (GOP)

This is our secondary program, where we hold **two groups of rehab for men during the week**. It covers the next **90 days** of your sobriety (months 4 to 6). Again, **individual sessions are available as needed**. Our **morning** program is **Mondays, Wednesdays, and Thursdays** from 10 AM to 1 PM.

Our **evening** program is **Monday** through **Thursday** from 6 PM to 8 PM.

Continuing Care Program

At [Renaissance Ranch Ogden](#), we understand that men's addiction treatment is a long process that doesn't end at the 6-month mark. That's why we've designed our continuing care program to offer **sobriety support during months 7 to 12**. During this program, you can **attend one of our morning or evening groups per week**.

Individual Counseling

Addiction recovery is not a one size fits all process. That's why we offer **individual counseling along with our group sessions** of drug rehab for young men. This counseling is available on an as-needed basis. If you feel that you need one on one support during your recovery, please let us know.

Supplemental Program

The most effective men's rehab centers use a **wide range of therapeutic modalities**. Our rehabilitation center for men is built on the principles of **treating the whole person on a physical and spiritual level**. We approach recovery from many angles including with:

- Spiritual Principles and Spiritual Wellness Topics
- 12 Step Programs
- Disease Model
- Cognitive Behavioral Techniques
- [Family Dynamics](#)
- Life Skills
- Recreational Therapy

- Experiential Therapy
- Motivational Interventions
- Meditation and Relaxation
- Addressing Shame Issues
- Trauma and Abuse Survival
- Anxiety and Depression
- Relapse Prevention
- Group Psychotherapy

Lifetime Contract

After you have successfully completed our full program, you receive a **lifetime contract** with Renaissance Ranch to ***continue receiving care at no cost.***

See if a Men's Rehab is Right for You! Call Renaissance Ranch in Ogden, Utah Today

If you've searched "Men's drug rehab near me", look no more. Renaissance Rehab Ogden, Utah is one of the **premier drug rehab centers in Utah**. If you're interested in an ***effective recovery program for men*** that addresses ***all*** levels of addiction and mental health, contact us today. **We accept insurance and payment plans.** Our ***faith-based*** men's rehab program is here to help.