

Rehab for Women in Ogden, Utah

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Looking for a Women's Rehab Program?

Are you looking for a substance abuse treatment addressing the specific needs of women? Women in today's fast-paced world are experiencing a new level of challenges in their day to day lives. When you pair that with the ***very different ways that addiction plays out between the genders***, you may find that a women's rehab center can help you get the specialized treatment that you need. At Renaissance Ranch Ogden, Utah, we offer a comprehensive faith-based rehab program. This program can work for:

- Cognitive Behavioral Issues
- Trauma
- Abuse Survival
- Anxiety And Depression
- Relapse Prevention or Recovery

Read on to learn more about our women's addiction treatment center programs:

Our Intensive Outpatient Substance Abuse Treatment (IOP)

This is our primary program for women and substance abuse treatment. It runs **evenings from Monday through Thursday from 6 to 8 PM**. Other sessions are available in the **mornings of Monday, Wednesday, and Thursday from 10 AM to 1 PM**. If you need additional care, individual sessions can be scheduled as needed. This **90-day program** covers your first three months of sobriety with 3 to 4 group meetings per week.

Our General Outpatient Substance Abuse Treatment (GOP)

This secondary program covers your next **90 days** of sobriety, taking you through your 4th to 6th months in [our outpatient rehab programs](#). Just like with our IOP, we offer **evening sessions from Monday through Thursday from 6 to 8 PM** and **morning programs on Monday, Wednesday, and Thursday from 10 AM to 1 PM**. Again, individual sessions are available on an as-needed basis.

Our Continuing Care Program

Your next step of sobriety is a long one, but you'll have plenty of **support and spiritual-centered solutions** from our women's rehab centers during months 7 to 12. During this stage, our clients can choose **one group session per week**. You can decide whether morning or evening sessions are more convenient.

Individual Counseling

Do you feel that you need one-on-one support? At our women's rehab center in Ogden, Utah, we offer **additional individual counseling services as needed**. This can be a great fit for people who struggle with our group meeting schedule.

Supplemental Program

Our faith-based women's rehab **programs are designed with flexibility in mind**. We know that no two recoveries will take the same path. That's why we offer **many different therapeutic modalities** to address **individual needs**. This allows us to tackle the complex problem of addiction from many angles, creating drug rehab women need. These therapeutic modalities include:

- Integrated Spiritual Principles and Spiritual Wellness Topics
- 12 Step Programs
- Disease Model
- Cognitive Behavioral Techniques
- [Family Dynamics](#)
- Teaching Life Skills
- Recreational Therapy
- Experiential Therapy
- Motivational Interventions
- Meditation and Relaxation
- Addressing Shame Issues

- Trauma and Abuse Survival
- Treating Anxiety and Depression
- Relapse Prevention
- Group Psychotherapy

Lifetime Contract

Once you've successfully accomplished the full program, you receive a **lifetime contract** with Renaissance Ranch in Ogden, Utah. Which means you receive ***continued care at absolutely no cost for life!***

See if a Women's Rehab is Right for You! Call Renaissance Ranch in Ogden, Utah Today

If you have searched "women's rehab near me", or wondered how you're going to pay for a rehab program, look no further! Renaissance Ranch is a premier drug rehab center in Utah that ***accepts insurance and payment plans*** and offers a ***wide variety*** of addiction management programs and alcohol rehab for women. We understand that effective rehab for women requires a multidimensional approach. That's why ***we offer a broad array of programs to support you during your journey into sobriety.*** If you live in the Ogden, Utah area, contact our drug rehab centers for women to see how we can help you or your loved one.